

July - August Competition Winner

For our July - August competition we asked you to fill in the gaps for the questions below. Thank you to everyone who entered. Our lucky winner is Arnya M. Arnya has won herself a tooth care pack including an electric toothbrush.
Congratulations!

1. I use **FLOSS** every day to clean between my teeth.
2. **WAX** helps if my braces are rubbing.
3. There are **THREE** different angles to hold my toothbrush, to make sure I clean around my brackets effectively.
4. **PLAQUE** is the soft furry stuff that builds up on your teeth when you don't clean them.
5. **STICKY LOLLIES, HARD NUTS** (a few different answers could have gone here) should not be eaten with braces or plates as they can break them.

