



Brace Yourself

Your Orthodontic Newsletter

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THIS EDITION

What is an
Orthodontist??

Meet Majella

News Bites...

Braces Recipe
Pumpkin Scones

Prizes Galore!!!!!!!

What an overwhelming response from everyone looking after their plates and braces! We have had so many patients cashing in Barber Bucks for different prizes! Great work everyone – keep it up! Also, a big congratulations to our past competition winners! Remember all you need to enter into our monthly competition is your current appointment slip. Fill out your entry on the back of your appointment slip and



To see details of our latest competition and read about our past winners go to the **Kidszone** page of our website www.barberorthodontics.com.au

What is an Orthodontist and when should I organise a check up??

Orthodontists are specialist dentists. They have done years of extra study to become experts. You might know orthodontics as 'braces'. An orthodontist works with your dentist to look after your teeth in the same way a cardiologist works with your doctor to treat a heart condition.

As most parents (and all children) know, kids can be cruel to each other. To a child with crooked teeth a playground can be as much fun as swimming with sharks. But the problems that orthodontists treat aren't merely appearance-based. Crooked teeth and bad bites can be serious conditions, with serious health implications and are best treated by orthodontists.

The best time to visit an orthodontist is at the age of seven, but it's never too late. If you're an adult and want to have your teeth straightened or your bite corrected, the best time to start is now! And the best person to talk to is an orthodontist.

Dr Barber is a member of the Australian Society of Orthodontists and she is the expert in providing orthodontic treatment and is very committed to providing healthy smiles to all of her patients. Please feel free anytime to contact one of our friendly staff members to book a consultation to see Dr Barber and you or your child will be on their way to a beautiful healthy smile.

Customise Your Braces Online!!

Having trouble deciding on which colour to have on your braces? Well now you can customise your braces online. Go to our **kidszone** page of our website to find your own colour picker. Experiment with different colours and maybe try something new.

www.barberorthodontics.com.au



We will be at the Genesis Spring Fair
Saturday 8th October 10am-4pm

Come and visit us
at our information booth
for a chance to win!!!

Meet Majella



Hi! My name is Majella. I have been working with Dr. Susan Barber for 3 and a half years as a Dental Assistant and thoroughly enjoy it! I have two very busy boys at home, Daniel 4yrs and Michael 11 months and have just recently come back from maternity leave. I currently have braces too and am willing to answer any questions regarding them at your appointments. I'm looking forward to catching up with everyone again and meeting some new faces that I may have missed while I have been away.

"There is no beginning or end to your dreams or plans. Life is a journey from moment to moment. Live each moment to its fullest."

-Garth Catteral-Heart

NEWS BITES...

JAPANESE SCIENTISTS GROW TOOTH

Japanese scientists report they have grown an entire tooth from stem cells implanted into the kidney of a mouse.

The team grew the tooth from a mouse's stem cells, which were grown inside a drop of collagen, and placed inside a living mouse's kidney. The new tooth was then transplanted successfully into another mouse's jaw.

Professor Tsuji of the Tokyo University of Science says the ultimate goal is to grow livers and kidneys to relieve the world's shortage of

FACEBOOK

Check out our new FACEBOOK page online. 'Like' our page: [Dr Susan Barber Orthodontist](#) and check out all the cool stuff we get up to! Don't forget to 'check in'!!



Remember all current and previous newsletters can be viewed on our website

www.barberorthodontics.com.au

Pumpkin Scones



Ingredients

- 60 g (1/4 cup) butter
- 2 tablespoons caster sugar
- 1 teaspoon finely grated lemon rind
- 1 cup mashed pumpkin
- 1 egg, lightly beaten
- 2 1/2 cups self-raising flour
- 1/2 teaspoon mixed spice
- Approx 1/4 cup milk

Instructions

1. Preheat oven to 230°C. Cream butter with sugar and lemon rind. Add mashed pumpkin and beat well.
2. Stir in egg, sifted flour and mixed spice and add sufficient milk to make a soft dough.
3. Turn dough onto a floured surface and knead lightly. Press out to 2cm thickness and cut into rounds. Place on a lightly greased oven tray, brush tops with milk and bake for 12-15 minutes, or until golden brown.

Tip: Microwave the pumpkin, drain well and mash until smooth. Allow to cool thoroughly before using in this recipe.

Don't forget to email us with your favourite recipe or drop into our office and let us know for your chance to have your favourite recipe in our next newsletter.

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